

BRIGHTON HEIGHTS
LUTHERAN CHURCH

3830 CALIFORNIA AVE.
PITTSBURGH, PA 15212
(412) 761-8545



visit us at
www.brightonheightslutheranchurch.org

Our Lenten Journey Begins!"



“Remember that you are dust and to dust you shall return.” The pastor speaks these words as he marks your forehead with a cross of black ashes. Lent is our time to reflect somberly and deeply on the nature of sin and the reality of death, but most importantly, Lent is our time to reflect deeply upon the cross. Ash Wednesday, February 26, 2020 marks the beginning of the forty-day season of Lent, a journey that culminates in three holy days: Maundy Thursday, Good Friday, and Easter. Lent is a call to repentance, an invitation to reorder our lives, and a time to focus on the events that led to the crucifixion and resurrection of our Lord. Above all, Lent is a time to mediate on the great cost that our Lord has paid for us and for our salvation.

Some will journey through Lent without much thought, without much effort, with little risked and little gained. Others will embrace the journey, challenge themselves, and in the end, find themselves renewed and changed. Decide ahead of time how you would like your journey to go. Lent should be a time to slow down and see more of God around us. There is no better opportunity to re-order your life, make a new start, or deepen the good practices that you have already begun. Take time to prepare and plan. This year give yourself and your family the gift of the Triduum (three Holy days). Maundy Thursday is April 9th, Good Friday is April 10th, and Easter is April 12th. Mark your calendar for these as “church days” and attend our services as a family. While you are at this, plan to attend the mid-week Lenten meals and services on Wednesday evenings: March 4th, 11th, 18th, and 25th. As well as April 1st and 8th. These six services are the heart of the Lenten season and gathering together as a family to hear our Father’s word is a most essential part of Lent. Lent is a great time to recommit yourself to the Christian Disciplines:

Almsgiving Jesus said: “When you do your charitable deeds...” (Matthew 6:1-4). Lent is the perfect opportunity to assess and evaluate how you give of your time, your money, and your labor. Do you support the church as you should so that the Gospel may continue to be preached to you and your family? What opportunities for charity have you encountered recently? Jesus gives us some ideas Himself (Matthew 25:31-46). The opportunities are almost limitless! So here’s the real challenge: pick one or two and use Lent as your opportunity to get started.

Prayer Jesus said: “When you pray....”(Matthew 6 :5-13). Make time to speak with your Heavenly Father. Actually schedule it. Commit to 10 minutes in the morning and 10 minutes in the evening. When you speak to God, speak out loud. Following Luther’s instruction, you can begin by praying the Apostles’ Creed, then the Ten Commandments, followed by the Lord’s Prayer. As an added bonus, by the time Lent is over, you will have these memorized. Then just speak to God. Confess, if you need to confess; ask for forgiveness, grace and wisdom; pray for others, name names, identify needs. He tenderly invites you to speak with Him as a dear child to a dear Father.

Fasting Jesus said: “When you fast....”(Matthew 6:16-18). This Lent, some will choose to “fast” by not using Facebook, or TV, or some other enjoyable activity, in order that they may have more time to read scripture and pray. That’s the basic idea - not “giving something up” for Lent. Fasting also has a lot to do with food. New to fasting? Consider cutting out sugary snacks. You may improve your overall health at the same time! Use the confrontations with your mouth/stomach to lead you to prayer and reflection.

Confession Lent is also a time for confession. If you have yet to experience the great blessing of Individual Confession and Absolution, then you really do not know what you are missing. Lent is your opportunity to find out. Perhaps you have gone to Confession and Absolution before, but it has been a long time (or in a Non-Lutheran church). Lent is your opportunity to renew. Confession and Absolution is one of the most

practical and profound gifts that God gives to us (John 20:22-23). This is where we address the sin head-long in our lives. Martin Luther writes: “Before God we should plead guilty of all sins, even those we are not aware of, as we do in the Lord’s Prayer; but before our pastor we should confess only those sins which we know and feel in our hearts.” (Luther’s Small Catechism). The devil loves nothing more than to keep us isolated in sin and guilt. Confession has two parts “First that we confess our sins, and second that we receive absolution. God’s word of forgiveness, spoken through the pastor’s lips is a powerful word. This word creates in us a clean heart and renews a right spirit within us. If you are anxious or have questions about Confession and Absolution, your pastor is ready to assist you and encourage you with God’s Word.

Back to the Font Christianity’s earliest observance of Lent included a focus on the catechumens (new Christians) who were preparing to be baptized at the Easter Vigil. Their journey to the baptismal font became an opportunity for all Christians to refocus on their baptism and return to the basics of the faith, if necessary. Lent provides an opportunity for one to consider one’s own spiritual life and find renewal. Here are a few suggestions. It’s difficult to embrace them all - so just pick two this Lenten Season.

- **Sign of Life** Luther writes: “In the morning when you get up, make the sign of the cross and say: ‘In the name of the Father and of the Son + and of the Ho0ly Spirit, Amen.’” (Luther’s Small Catechism). Do this in remembrance of your baptism (Matthew 28:19, Galatians 3:27). Every day, you wake and rise as a baptized and forgiven child of God.
- **Share the Gospel** You are a Christian because someone brought to Jesus. Return the favor. Perhaps, it was your parents or another family member or a friend that brought you to hear the Gospel. Commit to inviting at least one person to church for each week of

Lent. :”Faith comes by hearing and hearing by the Word of God.” (Romans 10:17).

- **Memorize** Luther insists that every Christian ought to have the Ten Commandments, the Apostle’s Creed, and the Lord’s Prayer memorized, along with the Words of Institution (Holy Communion). How do we measure up? Take this opportunity to blow the dust off your Small Catechism and rememorize these basics. Better yet - include your children and do this as a family.
- **Join Bible Study** Meets on Tuesday Evening at 7:00 in the Council room. In Lent we will be examining the characters (not well known) of the Passion of Jesus Christ. Perhaps you fell stagnant in your study of Holy Scripture or maybe you just have questions? We study Scripture to become more connected to our Christian faith. You can jump in on any Tuesday.

Let the Lenten Journey Begin!

Alive in Christ!
PASTOR Bill⁺

Brighton Heights Lutheran Church

Interim Pastor: The Rev. Dr. William G Beck, STS

Custodian: Steven Cvetkovic

Secretary: Mrs. Jo Ann Pomietto

Musician: Jesse Crownover

Office Hours: Tuesday, Wednesday, Thursday, Friday
9 am – 2 pm

PLEASE PRAY FOR OUR MEMBERS AND FRIENDS

SHUT-IN: Rohma Kropf, Bonnie Furman, Gloria Davis, Betty Lou Moore, Shirley Harman, Flora Storm, Michelle Anderson

FOR HEALING AND WELL-BEING: Susan Spriggs, Donna Erdner, Chad Lowe, Don Aurin, Pauline Aurin, Melissa Stapinsky, Roy & Janice Engleman, Skip Lagaila, Barb Cinkan, Luke Recker, Paul Lichauer, Brianna & Haley & Jenn Reiley, Diane Scott, Carl Hendrickson, Chantel Burns, Thomas Kaiser, Bob & Peg Berg, Nick Libby, Jerrick & Robin Dorsey, Jim McMahan, Gage Allen Thrasher, Gary Mihlfried, Everly Mae, Carol Martinez, Donna Smola, Bridget Brenneman, Braxton Wells, Chuck Kempf, Burt Noll, Georgia Reilly, Doris Didolce, Marilyn Brown, Tony Lesick, Forrest Engelman, Celeste Spriggs, Dr. Jim Santora, Pastor Wm. Beck, Donna Bailey, Vickie & Don Carroll, Chris Mankie, Michael T., Steven Woodrick, Gage Thrasher Jr, Michael Scott

FOR COMFORT IN TIME OF LOSS: the family of Cheryl Hargaves, for the family of Betty (Dobransky) Gray Priest Nalepa)(mother of Bev Oliver), for the family of Donna Krass, for the Family of Ed Reilly, for the Rice Family

SERVING THE MILITARY: Erik Kunkle, James Thompson, Matthew McPaul, Jason Fullmer, Jason Cole (Kuwait), Jessie Strickland

Please call the office if anybody should be taken off the prayer list. Also if you or a loved one are in the hospital, please contact the office if you wish a visit.

*We always thank
GOD for all of you
and continually
mention you in
our prayers.*

1 Thessalonians 1:2, NIV



MARCH 1

Rich Dummer	USHER
Michael Scott	ACOLYTE
Patty Ireland	LECTOR
Ben Blobaum & Opal Kunz	2 COMM. PRESENTER
Dave Fink	COMM. HELPER

MARCH 22

Dave Fink
Michael Scott
Opel Kunz
June Baginski & Kim Spriggs
Jan Krepp

MARCH 8

Joe Pelcz	USHER
Nick Hammel	ACOLYTE
Lynn Pelcz	LECTOR
Linda Lugalía & Kim Spriggs	2 COMM. PRESENTER
Jan Krepp	COMM. HELPER

MARCH 29

Rich Stewart
Michael Scott
Steve Krepp
Patty Ireland & Patty Petrusch
Ben Blobaum

MARCH 15

Bob Fink	USHER
Nick Hammel	ACOLYTE
Ben Blobaum	LECTOR
Rich & Mary Ann Stewart	2 COMM. PRESENTER
Dave Fink	COMM. HELPER





2	Julie Alexander
3	Destiny Stewart Jennifer Durler
12	Stacey Dorsey
14	Betty Lou Moore
16	Zachary Petrusch
17	Connie Nagy
18	Dedrick Dorsey
19	Bonnie Furman
29	Kimberly Beerhalter
24	Bryce Shirey
27	George Lucas



23 MaryAnn & Rich Stewart



WEDNESDAYS DURING LENT

Lenten Dinner Meals from 5:30 pm to 6:30 pm

Service at 6:45 pm to 7:30 pm

Bible Study from 7:45 pm to 9pm

MARCH BENEVOLENCE: The monthly benevolence for March will be split. Instead of giving \$750.00 to one mission a month, my plan is to split the Benevolence to fund two a month at \$375.00 each. The first one is East European Mission Network. The second is Ranch of Claresholm. This will help us to reach out to help these missions.



Thanks to everyone who helped fill the health care basket for the NALC Disaster.

BRIGHTON HEIGHTS LUTHERAN CHURCH

FLOWERS FOR EASTER 2020

BHLC will be ordering Flowers (lilies, tulips, hyacinth) for Easter to adorn the altar. The flowers will be \$10.00 per plant. Your money must accompany your order. Please make checks payable to "Brighton Heights Lutheran Church".



You may order the flowers: In Honor of, In Memory of, or In Thanksgiving for someone.

Deadline for ordering the flowers will be April 7, 2019.

In Memory, Honor, or Thankfulness (circle one)

by _____

In Memory, Honor, or Thankfulness (circle one)

by _____

In Memory, Honor, or Thankfulness (circle one)

by _____

NEW YEARS RESOLUTIONS: Did you make a resolution for better health, weight loss? Need help? Come and check out TOPS (Take Off Pounds Sensible). We meet Monday evenings at Incarnation Church, (side entrance on Vinceton St.) 4071 Franklin Road in Observatory Hill. Weigh-in is at 6:15pm followed by a meeting at 6:30pm.



For more information contact Debbie at 412-321-4617 or JoAnn at 412.931.7729

FYI Articles for the monthly newsletter are due the 15th of each month. Articles for the church bulletin are due Wednesday.



Just a friendly reminder that ST. JOHN'S LUTHERAN CEMETERY IS PART OF BRIGHTON HEIGHTS LUTHERAN CHURCH.

The cemetery is located on Buente St on the Northside of Pittsburgh. We offer very competitive rates. Discount rates for veterans. Give us a call at 412-761-8545

REMINDER:

Check on you elderly neighbors and church members during this wintery time. They may need something from the store or offer them your friendship or a precooked meal.

Reminder

IDLEWILD AND SOAK ZONE TICKETS available a 59% savings.



They can be used any operating day in May- and weekdays Monday thru Friday June 1st through Friday July 31st. Regular general admission price is (ages 3-59) \$47.99 or (ages 60+) at \$37.99. Sale price is \$23 per person. See Jan Krepp by May 15 if you are interested.

PIRATE GAME is on Saturday, June 6 at 4:05pm. The Pirates will play the St. Louis Cardinals. This is Faith Night, and after the game hear how some of the Pirate Players and coaching staff came to meet Jesus. Tickets are \$32.00 and include a \$5.00 food ticket! For more information see Patty Petrusch.



Embracing our COMMUNITY

DRAWN TO HOME is a comic book which depicts the stories of nine different individuals who are



experiencing or have experienced homelessness. Each story is captured by a different comic artist. Join us for our opening reception celebrating this exciting new comic book as a tool to combat housing insecurity. Guest speakers will include comic artists and comic storytellers. Thursday, March 26th at 6:30pm at the Main Branch of the Carnegie Library in Oakland To learn more about the comic book visit www.drawntohomecomic.com

PENNSYLVANIA MARCH FOR LIFE is May 18, 2020. This will be the biggest pro-life advocacy event in our state's history. The focus is on making a statement in support of life, for the unborn children and their mothers, which



will be heard loud and clear by our legislators. The rally starts at 11am at the Capitol and the March begins at 12 pm. The Master of Ceremonies is Ryan Bomberger of the Radiance Foundation and other speakers are Most Reverend Ronald W Gainer. For more information about the Pennsylvania March for Life go to their website:

<https://marchforlife.org/event/pennsylvania-march-for-life/>

Color Me Green Quiz

1. An inexperienced person
 2. Three leaved clover
 3. Spiderman's foe
 4. A prized gemstone
 5. Lives in a garbage can
 6. Envy
 7. Peace loving ogre
 8. Gift from France
 9. Wanted those ruby slippers
 10. He stole Christmas
 11. Mythical male fairy
 12. Famous muppet
 13. Ireland
 14. Works well with plants
 15. Ecological group
 16. "Cheeseheads"
 17. Feeling ill
 18. He's incredible
 19. Best friend is Tinker Bell
 20. Reptile in a shell
- A. Green Bay Packers
 - B. Shrek
 - C. Greenhorn
 - D. Green Around the Gills
 - E. Emerald
 - F. Wicked Witch of the West
 - G. Peter Pan
 - H. Grinch
 - I. Emerald Isle
 - J. Hulk
 - K. Kermit the Frog
 - L. Oscar the Grouch
 - M. Turtle
 - N. Leprechaun
 - O. Greenpeace
 - P. Shamrock
 - Q. Green Goblin
 - R. Statue of Liberty
 - S. Green Thumb
 - T. Green-eyed Monster

The answers for the above are below!



Puzzle!

Search for these words that are all associated with the Lenten journey.

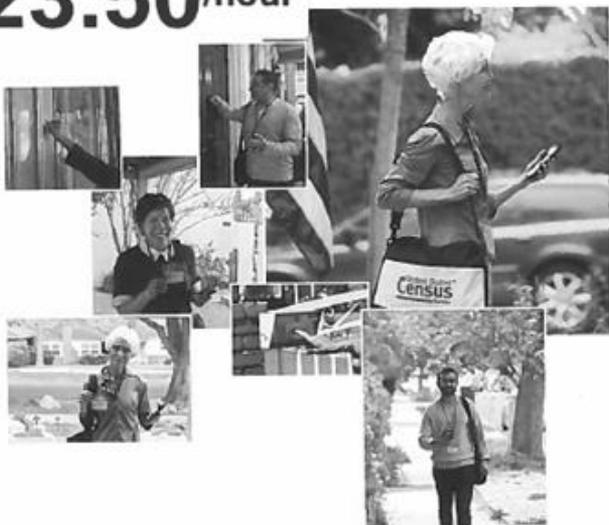
crown donkey hosanna penance Pilate sins
colt crucifixion forsaken kiss prayer suffer
confess death Gethsemane lots repent thorns
cross denial Golgotha palms silver vigil

E N A M E S H T E G R L W Y
C L E U X B M T H B U C W B
N R I K Y P A T E T I Y X Y
A V J G A L B R E Y A R P B
N G N L I S N L A I N E D X
E W M P R V R D H B N R D F
P S O G O L G O T H A B S C
D L N R O C O N F E S S I K
O T H T C P E K W U O U N D
M N S H N P W E D R H F S K
U N F O E T K Y C S G F O E
H E C R E V L I S W Q E C M
H V H N C X S O C C J R L O
F Q E S U D S H C A A Y M C
C R U C I F I X I O N S R V



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ANSWERS FOR COLORING ME QUIZ

1. C	11. N	6. T	16. A
2. P	12. K	7. B	17. D
3. Q	13. I	8. R	18. J
4. E	14. S	9. F	19. G
5. L	15. O	10. H	20. M



Angels' Place

Nurturing Two Generations

STAR 4 and NAEYC Accredited centers seeking
Full-Time Early Childhood Education Lead Teachers for our location in:
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ANGELS' PLACE is a nonprofit comprehensive early childhood education and family support program that provides child care and related services to single, low-income, full-time student and working parents.

Qualifications required:

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- Experience working with families who face at-risk challenges.
- Clearances and Health Appraisal required.
- Valid Driver's license preferred.
- Ability to lift up to 50 lbs.
- EOE.

We offer:

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- Free meals/parking.
- Experience, Education and Training Opportunities.

If you enjoy working with children and would like to work in a warm, supportive environment, please email resumes and references to

angelsplacepittsburgh@gmail.com

Learn more at:

www.angelsplacepgh.org



Brighton Heights Lutheran Church
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